

# Parents as Teachers



## HOME VISITING AT EASTERN IDAHO PUBLIC HEALTH (EIPH)





# Meet Our Staff

Holly Whitworth - Child Development  
Specialist/Home Visitor  
Parents as Teachers Program Manager

Marci Stucki - Child Development Specialist/Home  
Visitor

Wendy Welch - Child Development Specialist/Home  
Visitor - Spanish Speaking

Jenna Orchard  
Health Educator - Home Visitor

Amy Sunderland - Child Development Specialist/Home  
Visitor

Amy Shaw - Nurse Senior - Home Visitor

Cari Whitson - Nurse Senior - Home Visitor

# Our Vision & Mission

ALL CHILDREN WILL LEARN, GROW  
AND DEVELOP TO REALIZE THEIR FULL  
POTENTIAL.

TO PROVIDE THE INFORMATION,  
SUPPORT, AND ENCOURAGEMENT  
PARENTS NEED TO HELP THEIR  
CHILDREN DEVELOP OPTIMALLY  
DURING THE CRUCIAL EARLY YEARS  
OF LIFE.

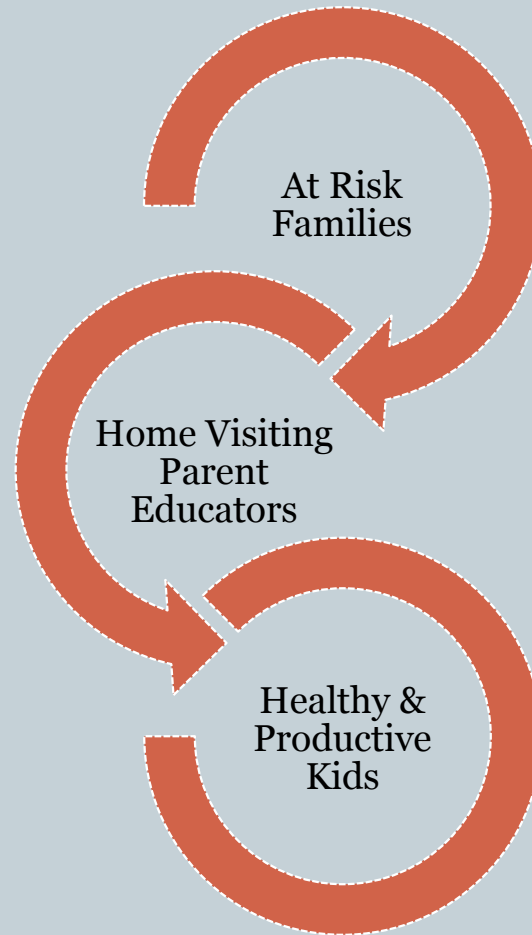


# Who Can We Help?



- ANY family in EIPH's District with characteristics that may require support. This may include:
  - Teen/single parents
  - Pregnant women under the age of 21
  - Families with a previous or current encounter with Child Protection
  - Low-income families—based on WIC guidelines
  - Premature infants (or low birth weight)
  - Parents with abuse or addiction issues
  - Children at risk for developmental delays
  - Families with low academic performance
  - Other factors on case-by-case basis
- ❖ **Services are available from prenatal to age 3 in Jefferson, Clark, Custer and Lemhi Counties and prenatal to age 5 in Bonneville, Madison, Fremont, and Teton Counties.**
- ❖ Based on referrals from our partners both within EIPH and in the community.

# The Basics





# Giving Parents the Skills They Need to Help Their Children Thrive.



# Our Services



- **HOME VISITS WITH FAMILY** – Once or Twice Monthly

## Snapshot of a Home Visit:

- *Parent-Child Interactions* – The parent educators role is to increase the frequency, duration, and quality of parent-child interactions. In a home visit, we focus on parent-child interactions to promote development in all the major domains of development through guided activities.
- *Development Centered Parenting* – Helps parents recognize the relationship between their child's development and parenting challenges. One of seven developmental topics (attachment, discipline, health, nutrition, safety, sleep, and transitions/routines) will be chosen collaboratively with the parents and discussed at each visit.
- *Family Well Being* – Engages the family in reflection, problem solving, and decision making to ensure families have the needed resources to thrive. When necessary, we connect families to resources, help reduce barriers to access, and monitor their follow through. We also help build protective factors in the family.



# Our Services Continued ...

## Monthly Group Connections

- Staff and parents can share information about child development, parenting issues and concerns at group meetings.
- Parents can observe their child playing with other children.
- Parents can make connections with other parents and provide support to each other.

## Screenings

Health

Hearing – OAE

Vision – Varying depending on child

Developmental – ASQ & ASQ-SE

Overall Family Well Being – Relationship Assessment Tool, Edinburgh Postnatal Depression Scale, Protective Factors

## Resource Connections and Referrals:



# Why This Program and Your Collaboration Is So Important:



Change the First Five Years and You Change  
Everything - YouTube

